

UNDERSTAND
[English]

INTERSTAND
[German: *verstehen*]

OVERSTAND
[Greek: *episteme*]

**Mechanistic
Explanations**

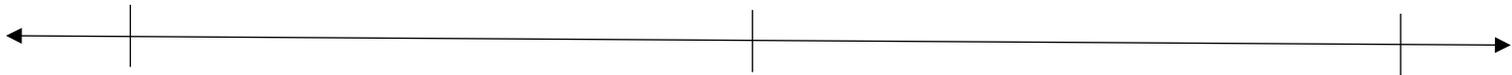
Cause & Effect
(How?)

**Spectrum of Scientific
Explanations**

Ideals
(centrism)

**Teleological
Explanations**

Purpose
(Why?)



**Physical
Science**
(Parts)

Truth, health, wisdom, peace, etc.
are often found somewhere in the
middle of extremes.

**Life
Science**
(Whole)